

# Weekly Breakfast Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Cold Cereal	Hot Cereal: Oats	Cold Cereal	Toast or Muffin Fruit Smoothie	Hot Cereal: Other Grain	Cold Cereal	Pancakes, Waffles, or French Toast

# Weekly Lunch Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Veggies & Dip Fruit Homemade Bread	Daddy Sandwich Fruit	Chicken Salad Fruit	Pita Pizzas Salad	Veggie Grilled Cheese	PB&H Veggies Fruit	Quesadillas Veggies